

Lynn Andrews' Directory of Ministers



Lauren Adorno-Weatherford

Shaman/Spiritual Healer

Pacifica, California

eMail: Hokeyes@Aol.Com

www.WingsOfLight.homestead.com

My Philosophy

Through my work as a healer, I help people live a more balanced life. I focus on helping individuals align and integrate their spiritual, mental, emotional and physical lives. Behind my healing is a belief that with commitment and courage, people ultimately heal themselves. My clients may have such issues as childhood traumas, depression, anger, divorce, monetary challenges, physical pain, or simply a longing for a deeper connection to themselves. I assist in their healing process and help them find a sense of well being and inner peace.

Individual Healing

During private sessions, I utilize a variety of tools and proven techniques to assist you in recovering inner peace and healing wounds. I begin with an interview to determine what your needs are, followed by Reiki, a light-touch, hands-on method of healing. I use my intuition to guide me further. I may use Guided Meditation, or Shaman Journeying to deepen the level of healing needed.

Workshops

- Transformation Dolls
- Drum Making
- Mask Making
- Prayer Sticks
- Shields
- Basket Weaving
- Meditation Groups

In-Home Services include Altar and Sacred Space Creation, House Blessings and Cleansings, Birthing Support, Rites of Passage, Weddings, and Funerals.

Credentials

Bachelor of Arts degree, Social Ecology, University of California, Irvine

Graduate, Mentor and Continuing Education student in the Lynn Andrews Center for Sacred Arts and Training

Ordained Minister, Spiritual Healer and Earth Steward (S.H.E.S.)

Reiki Master in the Usui Reiki Method of Natural Healing and New Golden Age Vedic Reiki

For more information, please see my website at www.WingsOfLight.homestead.com